

Interest Class Fees

Update On: 13/7/2024

Class	Class Fee		Instructor
	Member	Guest	
Body Slim-up	\$140 per lesson	\$170 per lesson	Ms. Karmina Lee
Adult Yoga	\$230 per lesson	\$280 per lesson	Ms. Bernice Leung
Aqua Fitness	\$140 per lesson	\$170 per lesson	Ms. Karmina Lee
Body Stretching	\$100 per lesson	\$120 per lesson	Mr. Moris Law
Latin Dance	\$150 per lesson	\$180 per lesson	Gordon Li
Lose Fat Move With Full Body	\$150 per lesson	\$180 per lesson	Ms. Fanny Li
Muscle & Fitness Training	\$120 per lesson	\$150 per lesson	Mr. Ham Fong
Rehabilitation Injury	\$150 per lesson	\$180 per lesson	Ms. Karmina Lee
Rope Skipping	\$200 per lesson	\$240 per lesson	HK Rope Skipping Club
Social Dance	\$90 per lesson	\$110 per lesson	Ms. Ann Yeung
Tai Chi Class	\$70 per lesson	\$80 per lesson	Mr. Au Pak Chau
Tai Chi	\$10 per lesson	Nil	黎叔明導師
Ving Tsun	\$190 per lesson	\$230 per lesson	Mr. Davis Lee
Yogapilates	\$150 per lesson	\$180 per lesson	Ms. Karmina Lee
Yang Sheng Gong	\$180 per lesson	\$220 per lesson	Ms. Hui Yuen Pik
Zumba Fitness	\$120 per lesson	\$150 per lesson	Mr. Tranel Sum
Chinese Dance	\$190 per lesson	\$230 per lesson	Ms. Karmina Lee
Table Tennis	\$1,430/10 lesson	N/A	Ms. Fung Luk Yan
Kickboxing	Free (no show) \$200	N/A	Dr. Frederick Chen
Tennis (Junior Special Tennis Course)	\$2,600/16 lessons	N/A	Mr. Bronson Fung & Mr. Michael Ng
Tennis (Summer course)	(Red & Orange Ball) \$880/4 lessons (Green & Yellow Ball) \$960/4 lessons	(Red & Orange Ball) \$1,040/4 lessons (Green & Yellow Ball) \$1,120/4 lessons	Mr. Bronson Fung & Mr. Michael Ng
Darts Training Class	\$20/2 lessons	N/A	Mr. Wilson Mok
Golf Clinic	\$60/session	N/A	Mr. John Tam / Mr. Joeson Chung

Private Coaching Fees

Coaching	Coach & Coaching Fee
Squash	Mr. Leung Chi Shing Samy \$580/hr (1:1) \$650/ hr (1:2)
	Mr. Cheng Kin Yin Kenny \$580/hr (1:1) \$650 hr (1:2)
Table Tennis	林鐵軍/張岩 - \$480 / hr
	馮綠茵/張穎 - \$380 / hr
Lawn Bowls	Mr. Lee Ka Ho \$460/hr (1 - 4 members) \$600/ hr (5 - 6 members) \$800/ hr (7 - 8 members)
Badminton	Mr. Ng Chun Shing/Mr. Agus Hariyanto/Ms Jie Elyni/Ms Jenny Siu \$600/hr (1:1) \$700/hr (1:2) \$820/hr (1:3/4)
Golf	Mr. John Tam / Mr. Joeson Chung \$520/40 mins (1:1/2)
Tennis	Mr. Bronson Fung / Mr. Michael Ng \$450 / 40 mins \$650 / hr
Swimming	Hoi Tin Swimming Consultants Limited 1:1 \$590 / Hour / Person 1:2 \$410 / Hour / Person 1:3 \$310 / Hour / Person